



INTERNATIONAL MARTIAL ARTS

RUTHERFORD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30 PM TO 5:00 PM	PRIVATE	PRIVATE	PRIVATE	PRIVATE	Private	PRIVATE
5:15 PM TO 6:00 PM	KIDS <i>Beginner</i>	<i>Little Tigers</i> 5:15 -5:45	KIDS <i>Beginner</i>	<i>Little Tigers</i> 5:15-5:45	IMA Staff Training	Little Tigers 10:00 - 10:30 AM
6:15 PM TO 7:00 PM	KIDS <i>Advance</i>	KIDS <i>All Belts</i>	KIDS <i>Advance</i>	KIDS <i>Advance</i>	IMA Staff Training	KIDS & TEENS 11:00 to 11:45 AM
7:15 PM TO 8:00 PM	TEENS & ADULTS	TEENS & ADULTS	BLACK BELTS	KIDS <i>Beginner</i>	IMA Staff Training	SPORT TAEKWONDO 12:00 to 12:45 PM
8:15 PM TO 9:00 PM	Private	PRIVATE	PRIVATE	PRIVATE	IMA Staff Training	Birthday Party only available on Weekends

CLASSES BY AGE, BELT & MASTER APPROVAL

- *Little Tigers:* 3 to 5 Years old.
- *Kids:* 6 to 10 Years old.
- *Teens:* 11 to 14 Years old.
- *Adults:* 15 and Up

CLASS ATTENDANCE RULES

- Students should arrive 5-10 minutes before class
- Students should be picked up within 10 minutes after class
- Notify the academy if you will be missing classes for a period of time for vacations, medical reason etc.

DO JANG RULES

- Greet instructors properly.
- Outside shoes are not allowed on the mats.
- Wear your Taekwondo shoes in the school.
- Put your shoes and sparring bags neatly to the side.
- Food and drinks are not allowed on the mats.



@IMActkd



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