



INTERNATIONAL MARTIAL ARTS RUTHERFORD



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30 PM TO 5:00 PM	Little Tigers	PRIVATE	Little Tigers	PRIVATE	Private	PRIVATE
5:15 PM TO 6:00 PM	KIDS Advance	KIDS Beginners	KIDS All Belts	KIDS & TEENS Advance	IMA Staff Training	Little Tigers 9:30 AM 10:00 AM
6:15 PM TO 7:00 PM	KIDS Beginners	KIDS Advance	TEENS ADULTS All Belts	KIDS & TEENS Beginners	IMA Staff Training	KIDS & TEENS 10:15 to 11:00 AM
7:15 PM TO 8:00 PM	TEENS ADULTS All Belts	TEENS ADULTS All Belts	PRIVATE	PRIVATE	IMA Staff Training	SPORT TAEKWONDO 11:15 to 12:00 AM
8:15 PM TO 9:00 PM	PRIVATE	PRIVATE	PRIVATE	PRIVATE	IMA Staff Training	Birthday Party only available on Weekends

CLASSES BY AGE, BELT & MASTER APPROVAL

- Little Tigers: 3 to 5 Years old.
 - Kids: 6 to 10 Years old.
 - Teens: 11 to 14 Years old.
 - Adults: 15 and Up
 - Beginners: White, Yellow, Orange & Green belt's.
 - Advance: Blue belts & Up
- DO JANG RULES**
- Greet instructors properly.
 - Outside shoes are not allowed on the mats.
 - Wear your Taekwondo shoes in the school.
 - Put your shoes and sparring bags neatly to the side.
 - Food and drinks are not allowed on the mats.
 - Do not leave any belongings on the mats.

CLASS ATTENDANCE RULES

- Students should arrive 5-10 minutes before class
- Students should be picked up within 10 minutes after class
- Notify the academy if you will be missing classes for a period of time for vacations, medical reason etc.
- Students may only attend classes for their age and/or belt rank.



Join IMA text notification group. To join,
Send a text to **81010** with the
message **@imaru**